



Koroit & District PRIMARY SCHOOL

I learn • We belong • Together we achieve

NEWSLETTER

TERM 2 - WEEK 5

School Agreements

- Mutual Respect
- Attentive Listening
- Appreciations
- No Put Downs
- Right to Pass
- Personal Best

Dates for 2022

Term 2 - 26th Apr - 24th Jun

Term 3 - 11th Jul - 16th Sep

Term 4 - 3rd Oct - 20th Dec

This weeks choose kind focus is:

- being kind to
yourself

This week's challenge is:

- exercise and eat
more vegetables.

FROM THE ACTING PRINCIPAL:

Principal Report

We continue to bounce back from the impacts of Covid and the reality is that we continue to be hit hard by the ongoing impact of student and teacher absence. Our teachers are ensuring that where hand over occurs to ensure continuity of teaching and learning. Please contact your classroom teachers if you have any ongoing impacts of covid such as fatigue, anxiety, or wellbeing concerns. It is important that we continue to work together to ensure smooth transitions back to school.

Reports

We are at midpoint of term two, which means that reports for 2022 will be just around the corner. It is important to remind all the significance of seesaw. Classroom teachers are sending out seesaw posts on a weekly basis to inform parents of student learning and successes. Please take the time to look for posts as this is what will inform you of what your child is learning about at school. Seesaw posts also provide a positive link between home and school and allow conversations about student learning. Our school reports this semester will include progression points for each learning area, a congratulations on an achievement, a highlight of the semester and a comment linked to choose kind.

Professional Learning

Last week we had five staff members attend Dan Pedro's professional learning. Dan's message was simple- Do your Best, Help Others Succeed and Respect Your School. You know you have effective expectations when they can be flexibly used to teach, praise, correct errors and they become part of the culture and language of staff and students.

Naplan

Our grades three and five children concluded NAPLAN testing this week. This year our students completed the testing online. We expect the results to be made available a little earlier than in previous years due to the move to online testing.

Sports

KDPS continue to participate in the swimming program on Mondays. it is a busy term for sports, with the Cross Country and Soccer being completed and winter sports occurring today. Congratulations to Sebastian, Ruby and Ottis for reaching divisional levels.

KDPS Review

This week we have completed the review process. Panel day was a fabulous experience starting with ES staff, parent panel, teacher, and leadership panels all had the opportunity to share their wealth of knowledge with the review panel. To sum up all conversations were incredibly positive with the wellbeing of the child being paramount to student learning. This week we have completed performance against goals and targets of the last strategic plan, set our terms of reference, looked at our Next Step Improvement Priorities and Key Improvement Strategies.

Assemblies

We have made a slight adjustment to assemblies at KDPS. Our Monday morning assembly is short, with the pledge, National Anthem and Choose Kind focus. On Fridays we will hold an assembly at 3.10pm to celebrate children who have displayed our 'choose theme focus' and to update the children on activities that will occur the following week. The children are to be commended for their adaptability during this time.

This week we have celebrated Education week. Our open classrooms were well attended by parents and children delighted in sharing their work with family members. National simultaneous story time was implemented across the whole school and our numeracy dress up day was fun and engaging. Thank you to all for attending.



Children are
supervised in the yard
from 8:40 until 3:40

T:55658332 F: 55658812
E:koroit.ps@education.vic.gov.au

More from the Acting Principal:

Week five into my role as Acting Principal I would like to remind the wider community of our School Agreement. Our School Agreements encourage a positive and respectful culture within our school community. Every Learning Community embeds the Agreements to create a positive, supportive and collaborative classroom environment.

- Mutual Respect
- We treat people the way we want to be treated.
- We value and respect each person, regardless of gender, culture, socio- economic status or ability.
- We value and respect other opinions, beliefs and values.
- Appreciations/No Put Downs
- We speak kindly to others and think of other people's feelings.
- We encourage each other; our talents, interests and ambitions.
- Participation/The Right to Pass
- We actively participate in curriculum activities.
- We have the right to pass in certain activities, but know that the more we participate, the more we gain.
- When choosing to pass, we will remain in the group without having to be a verbal participant.
- Attentive Listening
- We listen with our eyes, ears and heart.
- We listen while someone is speaking and may have the opportunity to respond respectfully.
- Personal Best
- We always do the best we can.
- We set personal goals for achievement.
- We are willing to have a go and take a risk.

My belief is to always have positive intentions and celebrate the successes of student improvement however, as the children fatigue, we can see some behavior that is not matching our agreements. We keep encouraging all students to make good choices at school and continue to support everyone when they fall below the line. Given the current climate that we are living in with increased illness, we are working hard to set the expectations at school to make sure everyone is contributing to making our school happy, comfortable and safe for everyone.



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More from the Acting Principal:

School Fees

Koroit and District Primary School would like to thank all parents once again in our school community for their financial support as we endeavour to provide the best possible education for all students at our school. Our school is committed to ensuring that parent payment requests are accurate and aligned with our requirements as a Victorian Government school. We still have many outstanding parent payments and invite parents to make their financial contributions as soon as possible.

A Letter will come out next week for you to indicate to what extent you would like to support your child/rens educational options. We hope you love all of our programs as much as we do! Without your continuous support, KDPS would not be able to fund all of the different programs that we currently offer.

Please contact the office with any questions around your School Fees.

Camps will be charged on a user pays system.

Curriculum Contributions - items and activities that students use, or participate in, to access the Curriculum	Amount
<i>Year F-6 requirements:</i> <ul style="list-style-type: none">• <i>STEAM Consumables</i>• <i>Classroom Consumables</i>• <i>Kitchen Garden Consumables</i>• <i>Performing Arts Consumables</i>• <i>Physical Education Consumables</i>• <i>LOTE Consumables</i>	\$185.00
<ul style="list-style-type: none">• <i>Swimming</i>	\$90.00
<i>Year F-6 ICT Devices – provision of devices from the shared classroom sets</i>	\$50.00
<i>Year F-6 Printing and photocopying of worksheets and learning materials</i>	\$15.00
<i>Year F-6 Whole school events (Per event)</i>	\$5.00
Other Contributions - for non-curriculum items and activities	Amount
<i>Student wellbeing programs</i>	\$10.00
<i>First aid equipment</i>	\$10.00
<i>School grounds maintenance and improvements</i>	\$35.00
Total Amount	\$400.00

Wellbeing:



raising children network
the australian parenting website

Self-Regulation

What is self-regulation?

Self-regulation is the ability to understand and manage your behaviour and your reactions to feelings and things happening around you.

It includes being able to:

- regulate reactions to strong emotions like frustration, excitement, anger and embarrassment
- calm down after something exciting or upsetting
- focus on a task
- refocus attention on a new task
- control impulses

behave in ways that help you get along with other people.

Why self-regulation is important

As your child grows, self-regulation helps them:

- learn at school – because self-regulation gives your child the ability to sit and listen in the classroom
- behave in socially acceptable ways – because self-regulation gives your child the ability to control impulses
- make friends – because self-regulation gives your child the ability to take turns in games and conversation, share toys, and express emotions in appropriate ways
- become more independent – because self-regulation gives your child the ability to make appropriate decisions about behaviour and learn how to behave in new situations with less guidance from you.

How and when self-regulation develops

Children develop self-regulation through warm and responsive relationships. They also develop it by watching the adults around them.

Self-regulation starts when children are babies. It develops most in the toddler and preschool years, but it also keeps developing right into adulthood.

For example, **babies** might suck their fingers for comfort or look away from their caregivers if they need a break from attention or are getting tired.

Toddlers can wait short times for food and toys. But toddlers might still snatch toys from other children if it's something they really want. And [tantrums](#) happen when toddlers are overwhelmed by strong emotions.

Preschoolers are starting to know how to play with other children and understand what's expected of them. For example, a pre-schooler might try to speak in a soft voice if you're at the movies.

School-age children are getting better at controlling their own wants and needs, imagining other people's perspectives and seeing both sides of a situation. This means, for example, that they might be able to disagree with other children without having an argument.

Preteens and teenagers are better at planning, sticking with difficult tasks, behaving in socially appropriate ways, and considering how their behaviour affects other people. For example, your teenage child might think about your perspective when they're negotiating with you about their curfew.

Children who typically feel things strongly and intensely find it harder to self-regulate. It isn't as hard for children who are more easy going. Even older children and teenagers sometimes struggle with self-regulation.

Wellbeing:

Helping children and teenagers learn and practise self-regulation

Here are some practical ways you can help your child learn and practise self-regulation:

Work on your child's skills for understanding and managing emotions.

Use calming down strategies for toddlers, calming down steps for preschoolers and school-age children and calming down steps for pre-teens and teenagers.

Plan for challenging situations where it might be hard for younger children to behave well. For example, 'The shop we're going to has lots of things that can break. It's OK to look, but please don't touch'. Give your child a gentle reminder as you enter the shop. For example, 'Remember – just looking, OK?'

Involve pre-teens and teenagers in problem-solving and negotiating difficult situations. For example, 'I'm working all weekend, so I know it'll be boring for you. Let's figure out how you can make the most of the time'.

Praise your child when they show self-regulation and manage a tricky situation. For example, 'You were great at waiting for your turn', or 'I liked the way that you shared with Sam when he asked'.

Try to model self-regulation for your child. For example, 'I'd really like to keep gardening, but if I don't clean up now I won't get you to soccer on time'. Or 'Let me write that on the calendar so I don't forget'.

It's important to match your expectations of behaviour to your child's age and stage of development. This can help your child avoid the frustration that comes with not having the skills or understanding to do what they're asked.

Problems with self-regulation

From time to time, different things can affect your child's ability to self-regulate.

For example, **tiredness, illness and changes to your child's routine** can all affect your child's ability to regulate their reactions and behaviour. Also, some children have great self-regulation at child care, school or sport, but find it hard at home. Other children struggle in busy, noisy places like shopping centres. And as children get older, self-regulation might be challenging if they have a lot of assessment tasks or relationship difficulties.

Although these problems with self-regulation are fairly typical, it's a good idea to **speak with a professional if you're worried** about your child's behaviour or you're having trouble with your child's behaviour as they get older. For example, you could talk to your GP, your child and family health nurse, or your child's child care educator or teacher.

Consider seeking professional help if your child:

- seems to have more tantrums or difficult behaviour than other children of the same age
 - is behaving in difficult or out-of-control ways more often as they get older
 - is behaving in ways that are dangerous for themselves or others
 - is difficult to discipline and your strategies for encouraging positive behaviour don't seem to be working
 - is very withdrawn and has a lot of trouble interacting with others
- doesn't seem to have as many communication and social skills as other children of the same age

KDPS—School Photos:

This Year our school photos will be held on Tuesday the 7th of June.
Please see below for instructions on how to order.

There will be a small amount of envelopes available for those that cannot book online.
Please call/visit the office to receive one. Family envelopes will be available at the office as well.

ONLINE BOOKING

Your school has decided school photos will only be available to order online this year.

Choose your own **FREE** background



The benefits of being online...

- No need for envelopes to be returned to the school office
- No cash on school grounds or children's bags
- Easy order tracking and record keeping
- 18 different backgrounds to choose from - no additional cost

Koroit & District Primary School - 2022

www.leadingimage.com.au

Access Key

89K6UY8B



INDIVIDUAL & FAMILY PHOTOS CAN BE ORDERED WITH THE SAME ACCESS KEY

To order your school photos:

- 1 Go to www.leadingimage.com.au
- 2 Click on Order Your School Photos
- 3 Select your State
- 4 Enter your special unique Access Key



Family photographs must be ordered before 4.30 pm the night before photo day.
Please ensure your orders are placed before this time.



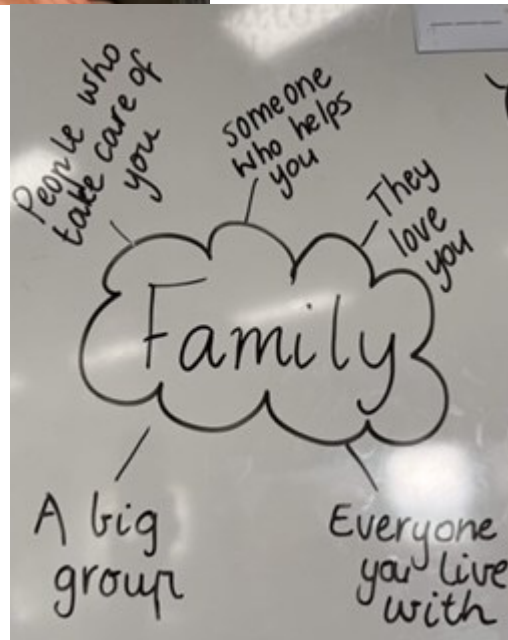
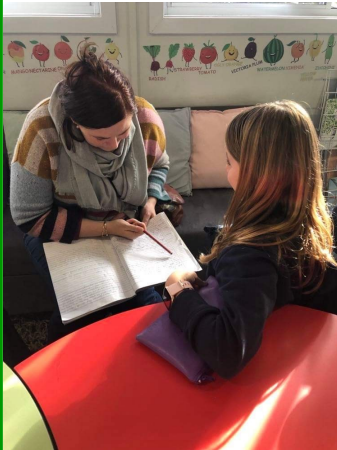
NUMERACY DRESS UP DAY AT KDPS



NUMERACY DRESS UP DAY AT KDPS



OPEN CLASSROOMS AT KDPS



MOYNE WINTER SPORTS AT KDPS



**A HUGE Thank you goes to Kelly Wynne, Danielle Shephard, Sophie Fisk, Ben White, Simon O'keefe, Jemma Palmer, Stephanie Aitken, Bart Gane & Bonnie for helping our Winter sports to run!
We appreciate it, and I know our students do too!**



MOYNE WINTER SPORTS AT KDPS



SIMULTANEOUS STORY TIME AT KDPS



The poster features a stylized illustration of a family tree with a white swan at the base, a white cockatoo at the top, and a yellow sun. The text includes the Australian Library and Information Association (ALIA) logo, Scholastic, and Lianza. The book title 'FAMILY TREE' is prominently displayed, along with the authors' names. The event details are: Wednesday 25 May 2022, 11am, Wednesday 25 May 2022. The text also states that National Simultaneous Storytime is held annually by ALIA, and that the book is read simultaneously in libraries, schools, homes, and children's facilities. A section titled 'ABOUT THE BOOK' describes 'Family Tree' as a sweet book about a seed that grows into a family, celebrating family, community, and the seasons of life.

NATIONAL SIMULTANEOUS STORYTIME 2022
#NSS2022 #1MillionKidsReading www.alia.org.au/nss

11am, Wednesday 25 May 2022

National Simultaneous Storytime is held annually by the Australian Library and Information Association (ALIA).

Every year a picture book, written and illustrated by Australians is read simultaneously in libraries, schools, homes and children's facilities all over the country and the world!

ABOUT THE BOOK
Family Tree is a sweet book written by Josh Pyke and beautifully illustrated by Ronojoy Ghosh

It started with a seed, and that seed was me.
And, over time, laughter filled my garden...

A heartfelt celebration of family, community and the seasons of life to cherish and to share.



DISTRICT CROSS COUNTRY—KDPS REPRESENTATIVES

These three Superstars represented Koroit & District Primary School at the District Cross Country on Monday—

They gave it their all and were well supported by Family :) Great work to you!



THEIRCARE:

Theircare Newsletter!

TERM 2- WEEK 5.



Theircare newsletter-

Student voice- Ava Timewell

.Hi my name is ava and I am a year four student here at Koroit and District Primary School. I have been asked on behalf of our new coordinator Isabella to put in my student voice in for this newsletter to explain what we have been doing in our first few weeks at Theircare! We welcomed Isabella at the beginning of the term and had a fun first few days. We celebrated Theo, Tavish and even Isabellas birthday on the first Friday back with birthday cake and party games. We celebrated may race week and then friendship week. Isabella said she loves the community at Koroit and is excited to develop more friendships and relationships within the school community! We have been playing soccer, playing outside, making forts and cubbys as well eating yummy healthy food like rice paper rolls, wraps, pasta and lots of fruit always. Isabella has been bringing joy to their care. She has new ideas to try every day. Isabella is so fun we think she is awesome!!!!

**THEIRCARE
OPERATING HOURS.
BSC MONDAY -
FRIDAY:**

7-9

**ASC MONDAY-
FRIDAY:**

3:25-6

Isabella
Coordinator

KDPS Outdoor classroom

Our outdoor classroom is closer than ever to being complete, with a New Shade sail to compliment the Table & Chairs build by KDPS Hands On Learning team!



GET YOUR BODY MOVING AND HAVE FUN BEFORE SCHOOL!
with Mrs Mac and Ms Myers



KID-FIT



BASKETBALL COURT

Every Monday and Wednesday morning
8.40 - 8.55am

! KDPS Birthdays !

At KDPS we celebrate children's birthdays as a school by singing happy birthday at our whole school assembly.

Each classroom celebrates birthdays in different ways.

Some classes have a special chair for the day or a badge to wear, most classrooms have birthdays displayed in the room.

For the purpose of an individual child's celebration or birthday we are now advising a sugar free icy pole or sugar Zooper Dooper be a recommended option for these occasions.

It is not compulsory to celebrate all birthdays through the classroom. Icy poles can be dropped into the school office. Please label with child's name and classroom.



We don't want our school to look like a rubbish tip!

We thank you for your help in keeping our school green and clean!

Students: Please take home your rubbish in your lunch box.

Families: Please pack lunches with as little waste packaging as possible.



Building Help Wanted in the sandpit!

We are extending our sandpit and need someone with carpentry knowledge to help with this. We have lots of volunteers to help, but need someone with the knowledge and skills to direct the project.



Also, does anyone have spare potato crates? We would love some to make wicking beds in the new sensory/nature play space.

Please contact Amie in the office if you can help with either project. 55658332

Size of Problem, Size of Reaction

This term students continue working on the ZONES of Regulation work by Leah Kuypers. Part of this will include exploring different problems, identifying what size these problems are, what is an expected reaction for the size problem & then working out how to solve the problem - either by themselves, asking for help or telling an adult, so that they can fix it.

Problems come in all different sizes, just like our feelings. A helpful way to cope with problems that arise is to think about how big the problem is, what the appropriate reaction might be & how to solve it, before we encounter the problem. (example: when playing a board game your child always ends up upset & angry when they lose. Talking about the size of the problem & expected reaction, before you start playing, may support your child to respond in an 'expected' way and care for their emotions in order to positively cope. When we respond in an 'expected' way, others around us feel comfortable, happy & safe. They have good thoughts about us. When we respond to a problem in an 'unexpected way' (having a tantrum, screaming at others, throwing things, getting physical) this can make others feel uncomfortable, weird, scared or unsafe and they may have negative thoughts about us & respond to us negatively (examples: not wanting to play or work with us, using a stern voice). It can also put us in danger of hurting ourselves.

The idea is that the size of our problem should match the size of our reaction.

Small problems we expect green zone emotions & are usually things we can fix in a few minutes on our own.

Medium problems we expect yellow zone emotions & are things that we might need to ask someone for help and it could take minutes to hours to solve.

Large problems we expect red zone emotions & are things that require an adult or professional to fix and could take hours to days/years to fix.

Small Problems

I can fix it myself.

Green zone reactions



Ways to solve it

think of a solution
solve it later
walk /move away
ignore
ask them to stop

Medium Problems

I need help to fix it.

Yellow zone reactions



Ways to solve it

ask a friend
ask an adult
ask a family member
ask a teacher
ask a question

Large Problems

An adult or professional needs to fix it.

Red zone reactions



Ways to solve it

tell an adult
tell a family member
tell a teacher
Call 000
tell the police

Please remember to promote your child/ren to the next grade on the [schoollunchonline](http://www.schoollunchonline.com.au) website—this allows us to get your child/ren's lunch order to them without confusion. Many Thanks!



TERM 1 MENU 2021

Wednesday & Friday Lunch Orders



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Cold

Fresh cut fruit salad	5.00
Caesar salad/Greek salad #	6.50
Salad wrap with chicken or ham	5.00
Salad roll	5.00
Salad roll with ham or chicken	6.50
Jam sandwich #	2.50
Cheese and vegemite sandwich #	2.50
Egg and lettuce sandwich #	4.00
Ham and cheese sandwich #	4.00
Salad sandwich with egg #	5.00
Salad sandwich with ham or chicken #	5.00

Hot

Crispy Pork Belly Fried Rice (GF) Friday only	5.00
Veggie Stir-fry w Crispy noodles Wednesday Only	5.00
Homemade sausage roll	4.00
Gluten Free sausage roll	5.00
Party pie	1.50
Pie	5.00
Sauce	0.20
Beef lasagne	5.00
Gluten Free beef lasagne	6.00
Ham and Cheese Toasty #	4.00
Hotdog with sauce	4.00
Veggie burger	6.50
(lettuce, tomato, veggie Pattie, tomato relish and mayonnaise)	
Ham, Cheese and Pineapple Paninni(toasted)	6.50
Chicken, Cheese and Honey Mustard Paninni	6.50

Snacks

Carrot sticks	1.00
Homemade biscuits	1.00
Jelly and fruit cups	1.50
Fruit yoghurt and muesli cups	4.50
Hedgehog slice	3.00
Lemon and coconut slice	3.00
Chocolate Muffin	3.00
Berry Muffin	3.00

Drinks

Fresha water	2.50
Fresha 100% Orange juice 250ml	3.00
Fresha 100% Apple and blackcurrant 250ml	3.00
Focus sports water 350ml	2.50
Blackcurrant or Raspberry	
Nippies flavoured milk 250ml	2.50
Chocolate or Strawberry	

Icy poles

Icy Pole	1.30
Dixie Cup	1.50
Chocolate Billabong	1.60

Any Questions or ideas please send me an email

Info@mcmahonfamilycatering.com

can be made Gluten Free if ordered

Lunch orders need to be placed on www.schoollunchonline.com.au before 9.00am on the day of order. To make things easy you can order a whole term ahead. Please ensure that your child's room number is correct.

**MC MAHON
FAMILY
CATERING**



KOROIT NETTA

THURSDAY NIGHTS OF TERM 2

For beginners
ideal for
grade prep to grade 3

3.50-4.30PM
KFNC NETBALL COURTS
\$50 FOR THE TERM
STARTING THURSDAY 28TH APRIL

Register online via the
Koroit Saints Facebook page
or contact Emily on 0438 279 883
for the link to be sent to you



Koroit
Fire Brigade

WANTED

Volunteer Firefighters



Koroit
Fire Brigade



Is this YOU?

Koroit Fire Brigade is inviting members from our
community to become volunteer firefighters.

There's a job for everyone!

CFA volunteers come from all walks of life: mums, dads, professionals, tradespeople,
students, unpaid professionals, retirees – everyone is welcome to join.

To find out more information about becoming a Volunteer
Firefighter call Steve on 0407052181

KOROIT FIRE BRIGADE

PORT FAIRY COMMUNITY HOUSE

Creative stuff for Kids

Bookings Essential 55682681 or online www.portfairycommunityhouse.com.au

DRAMA IMPROV-ACTING

Use your imagination, build confidence and
storytelling skills, and most importantly
Have Fun! Along with weekly classes, the
kids get to show off what they have learned
at a mini-performance at the end of term.

28 April-23 June
Thursdays 4-5pm, 8-12yrs
Thursdays 5.30-6.30pm, 12-18yrs
\$160 (8 sessions)

KIDS ART CLASS

Learn the key elements of Art with Jenny from
Tower Hill Studio. For Primary school kids
aged 8 to 12.

Mondays 4-5.30pm.
May 2- June 20
\$175 (7 sessions)

CRAFT & TEXTILES

Make your own fabric flowers, learn how to
recycle fabric, hand stitch, design and create
your own decorations. All materials supplied.

Tuesdays 4.30-6pm.
May 3, 10, 17 & 24
\$80 (4 sessions)

CREATIVE ARTS & CRAFTS FOR KIDS

3-6 years:

Learn about many different forms of art
exploration within a fun upbeat atmosphere.
Children will be encouraged to work with their
hands and minds to express themselves
creatively and emotionally in a fun, vibrant
and supportive environment. Kids will walk
away with beautiful artwork they have made
themselves.

Wednesdays 4.30-5pm.

May 11, 18, 25 June 1, 8, 15
\$90 (6 sessions)

6-12 years:

In this 6-week art course, Jelena will put a
strong focus on exploring mediums whilst
having fun and encouraging creativity.
Throughout the term, kids will be encouraged
to establish a foundation in drawing, painting
and creating while exploring a range of art
forms, materials and techniques and building
a solid base for creative exploration! Each
week kids will go home with a wonderful
creation they have made during class.

Wednesdays 5.15-6.15pm.

May 11, 18, 25 June 1, 8, 15
\$120 (6 sessions)



Railway Place, Port Fairy, ph. 55682681

Limited spots available so book in early!

KDPS CALENDAR 2022 - Term 2

WEEK 6	
Monday 30 May	3-6 Swimming (Every Monday for 3 weeks) Regional Cross Country
Tuesday 31 May	STEM Girls Excursion (Selected Students)
Wed 1 June	Lunch Order Day
Friday 3 June	Lunch Order Day
WEEK 7	
Monday 6 June	3-6 Swimming (Every Monday for 2 weeks) Deakin –Girls in STEAM (select students) School Council (Finance) 6pm School Council Meeting 6.30pm
Wed 8 June	Lunch Order Day
Thursday 9 June	Girls Aussie Football (Select Students)
Friday 10 June	District Winter Sports (Select Students) Lunch Order Day
WEEK 8	
Monday 13 June	Public Holiday
Wed 15 June	Lunch Order Day
Friday 17 June	Lunch Order Day Girls in STEAM (Select Students) Regional Football/Netball (More Information to come)
WEEK 9	
Monday 20 June	3-6 Swimming (Last Session)
Wed 22 June	Lunch Order Day
Friday 24 June	F-6 Annie Jnr @ The Lighthouse Theatre Lunch Order Day
TERM 3, WEEK 1	
Monday 11 July	First day of Term 3
Tuesday 12 July	Somers Camp (Select Students)

**Lunch Orders Available Wednesday
& Friday through (by 9am):**

<https://www.schoollunchonline.com.au/>

Attendance -

Please advise the school prior to 9am if your child will be absent
using the below methods: Email:
Koroit.ps@education.vic.gov.au Phone: 5565 8332