

# Koroit & District PRIMARY SCHOOL

I learn • We belong • Together we achieve

# **NEWSLETTER**

**TERM 1 - WEEK 3** 

# **School Agreements**

- Mutual Respect
- Attentive Listening
- Appreciations
- No Put Downs
- Right to Pass
- Personal Best

### Dates for 2022

Term 1 - 2nd Feb - 8th Apr Term 2 - 26th Apr - 24th Jun Term 3 - 11th Jul - 16th Sep

Term 4 - 3rd Oct - 20th Dec

# **CONNECT**

- CONNECT with classmates and teachers.
- CONNECT with their emotions and the emotions of others.
- CONNECT with their character strengths and the strengths of others.
- CONNECT with classroom expected & unexpected behaviour.

# FROM THE PRINCIPAL

# **KDPS School Agreements**

We are now approaching week 4 and working together to make sure everyone is following our school agreements, so that we are all contributing to a happy and safe school. We are noticing most students are on track, however we are working hard to remind others. We will continue to work with students and help them stay on track, but we know that this works best when we also have the support of parents. We will always listen to parent concerns and know that we have your child's best interest at the forefront of every situation. Sometimes this means we need to support them through consequences for their behaviour. Please work with us, we will always listen and work with you to come up with the best plan. We remind ourselves every day, that we are in privileged positions to work with your children and families.

Rapid Antigen Testing extended until the end of Term 1. The Victorian Government has announced a 6-week extension of the COVIDSafe measures for schools. These measures were introduced for 4 weeks at the beginning of Term 1 and will now be in place for the remainder of Term 1, subject to any changes in health advice. The use of rapid antigen tests (RATs) as a screening tool will also continue until the end of Term 1. Their use will remain voluntary for staff and students but are strongly encouraged. As we receive RAT test deliveries, we will distribute them to families and let you know when your child/

### **Face Masks**

It is recommended students in grade 3-6 continue to wear a face mask when working inside. We have a supply at school for students who forget face masks, but it would be extremely helpful if parents could support us by sending children to school with a face mask from home.

children will be bringing them home.

# **Parent Vaccination Status**

At this stage we ask all parents to refrain from entering school buildings and grounds (except for the admin building). When it is safe, double vaccinated parents will be welcome to enter school buildings and attend school events. Please support us in maintaining our school log of vaccinated parents (as requested by DET) by either popping into the office so we can sight it or send your certificate via email to Koroit.ps@education.vic.gov.au. Thank you for your support.

# **School Review**

All schools must participate in a school review every 4 years. The school review process provides assurance of ongoing compliance with the minimum requirements for school registration informs the development of the school's 4 year School Strategic Plan (SSP).

This term we are preparing for the school review process, which will begin in early Term 2. Part of the preparation process involves evaluating goals and targets set for the last 4 years, identifying highlights and evaluating teaching and learning, assessment and engagement practices at KDPS. We look forward to engaging staff, student and parents in the evaluation process and consider all the feedback when developing the next 4 year plan. More information will be publishing in upcoming newsletters.



# More from the Principal:

# **School Crossing**

A reminder to use the school crossing when crossing Commercial Road. It is important parents model road safety at all times.

# **Big Life Survey**

Our school is very fortunate to be a part of the Big Life local community approach to supporting student wellbeing. The Big Life Team (Danielle Gladman, Nicole Cuzens and Megan Twycross) work across 8 schools (Warrnambool College, Brauer, KDPS, Woolsthorpe, Grasmere, Warrnambool West, Woodford and Merrivale). In addition to working with our schools, the Big Life team provide parents with support resources and are seeking parent feedback on what would be most helpful. Please complete the survey attached to help the Big Life team with this project.

### **School events**

At this stage we will put a hold on parents attending school events such as working bees, welcome nights, open classrooms.

We are happy for parents to attend whole school assemblies (which will now be held on the last Friday of every month, no longer every Friday) to present awards, however parents must be double vaccinated to attend. Please support us with this expectation and present your certificate to the admin office so we can update our logging system. We do not want to ask parents to present their vaccination certificates each time they come to school.

### **School Fees**

A reminder your school fees are now due (information is available on XUNO). You are also welcome to set up a payment plan – see Amie at the office. For information regarding credits from past years, please email koroit.ps@education.vic.gov.au

# Wellbeing:



# Healthy lunch box ideas for children





# Packing a healthy lunch box for child care, preschool and school



When you're food shopping, buy enough healthy foods to make your child's lunches for the week. This makes it easier to come up with healthy lunch ideas each day.



Let your child choose his own healthy lunch box food. He's more likely to eat food he's chosen himself. Packing the night before gives him time to choose carefully.



Include foods from each of the <u>five food</u> <u>groups</u> in your child's lunch box. This gives your child the energy and nutrients he needs to grow, learn, play and stay healthy.

# Colourful, environmentally friendly and healthy lunch box ideas



Aim for a 'rainbow' of different-coloured fruits and vegetables in your child's lunch box. This gives your child more chances to get all the nutrients she needs.



Pack fresh foods with minimal packaging. Try reusable containers, pockets and wraps. They're better for the environment, healthier and easier for kids to handle.



Tap water is the best drink for your child. Send a refillable water bottle with your child each day. Avoid sugary drinks like fruit juice, soft drinks and flavoured milk.

# Safe, interesting and healthy lunch box ideas



Keep food cold until you pack it. Add a frozen water bottle or use an insulated lunch bag to keep food cool. Check whether <u>allergy-causing foods</u> should stay at home.



Try different options, like sushi, salads, pasta and noodles. Different sandwich fillings can keep your child interested too. Check out more <u>tasty and healthy</u> lunch ideas.



Avoid packing 'sometimes' foods – like chips, muesli bars, biscuits and chocolate. These foods are unhealthy. They're high in saturated fats, sugar and salt.

We don't want our school to look like a rubbish tip!

We thank you for your help in keeping our school

green and clean!

Students: Please take home your rubbish in your lunch box.

Families: Please pack lunches with as little waste packaging as possible.



Please remember to promote your child/ren to the next grade on the schoollunchonline website—this allows us to get your child/ren's lunch order to them without confusion. Many Thanks!



# **TERM 1 MENU 2021**



# Wednesday & Friday Lunch Orders

I learn + We	belon	e • 1	ogether	No. of	achiev	w
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Cold		Snacks	
Fresh cut fruit salad	F 00	Carrot sticks	1.00
	5.00	Homemade biscuits	1.00
Caesar salad/Greek salad #	6.50	Jelly and fruit cups	1.50
Salad wrap with chicken or ham	5.00	Fruit yoghurt and muesli cups	4.50
Salad roll	5.00	Hedgehog slice	3.00
Salad roll with ham or chicken	6.50	Lemon and coconut slice	3.00
Jam sandwich #	2.50	Chocolate Muffin	3.00
Cheese and vegemite sandwich #	2.50	Berry Muffin	3.00
Egg and lettuce sandwich #	4.00		
Ham and cheese sandwich #	4.00	<u>Drinks</u>	
Salad sandwich with egg #	5.00	<u> </u>	0.50
Salad sandwich with ham or chicken #	5.00	Fresha water	2.50
Hot	- /	Fresha 100% Orange juice 250ml	3.00
not		Fresha 100% Apple and blackcurrant 250ml	3.00
Crispy Pork Belly Fried Rice (GF) Friday only	5.00	Focus sports water 350ml	2.50
Vegie Stir-fry w Crispy noodles Wednesday On	ly 5.00	Blackcurrant or Raspberry	
Homemade sausage roll	4.00	Nippies flavoured milk 250ml	2.50
Gluten Free sausage roll	5.00	Chocolate or Strawberry	
Party pie	1.50	lcy poles	
Pie	5.00	icy poics	
Sauce	0.20	Icy Pole	1.30
Beef lasagne	5.00	Dixie Cup	1.50
Gluten Free beef lasagne	6.00	Chocolate Billabong	1.60
Ham and Cheese Toasty #	4.00		
Hotdog with sauce	4.00		
Vegie burger	6.50	Any Questions or ideas please send me an ema	ail
(lettuce, tomato, vegie Pattie, tomato relish ar	nd	rany against or races prease seria me an em	
mayonnaise)		Info@mcmahonfamilycatering.com	
Ham, Cheese and Pineapple Paninni(toasted)	6.50		
Chicken, Cheese and Honey Mustard Paninni	6.50		
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# can be made Gluten Free if ordered

Lunch orders need to be placed on <a href="www.schoollunchonline.com.au">www.schoollunchonline.com.au</a> before 9.00am on the day of order. To make things easy you can order a whole term ahead. Please ensure that your child's room number is correct.













# KID-FIT

# BASKETBALL F

Every Monday and Wednesday morning 8.40 - 8.55am

# **2022 STAFF OF KDPS**

Name: Lissa Lathwell

Role: Grade 3/4 classroom teacher

Favourite Colour: Red

Favourite Footy Team: Greatest team of all. Geelong.

Favourite Food: Hard question, lamb shanks for dinner followed by a baked

cheesecake!

Favourite Things to do: Lately it's been completing puzzles.



Name: Josie Ryan

Role: Grade 1 Classroom Teacher

Favourite Colour: Green

Favourite Footy Team: Brisbane Lions Favourite Food: Figs & chocolate

Favourite Things to do: Going to the beach and bike riding with my family.



Name: Alice Seymour Role: 5/6 S teacher

Favourite Colour: Purple

Favourite Footy Team: Fremantle

Favourite Food: Lasagne

Favourite Things to do: Surf, Snowboard, Spend time with family



Name: Leah Patterson Role: Education Support Favourite Colour: All Colours Favourite Footy team: Richmond

Favourite Food: Sushi

Favourite Things to do: Gardening, Going to the beach, live music



Name: Hayley Hoy

Role: Grade 2 teacher and Learning Specialist

Favourite Colour: Light Blue at the moment but it changes.

Favourite Footy Team: Melbourne Demons YAY!!!! Shout out to the

Koroit Saints though. Favourite Food: Thai

Favourite Things to do: Spend time with my friends and family



Name: Nicole Farrelly

Role: Student Engagement and Wellbeing

Favourite Colour: Yellow

Favourite Footy Team: My husband wants me to support Hawthorn and my

son wants me to support Bulldogs Favourite Food: Chocolate orange

Favourite Things to do: I love going on bike rides with my family.



Name: Belinda Watson Role: Foundation Teacher Favourite Colour: Yellow

Favourite Footy Team: Geelong Favourite Food: Sushi / chocolate

Favourite Things to do: Camping with family and friends



Name: Marina Milich

Role: Principal

Favourite Colour: Blue

Favourite Footy Team: Geelong Cats

Favourite Food: White Chocolate Raspberry Bullets and balls

Favourite Things to do: Having new and exciting adventures with my family



Name: Lucy Myers Role: Grade 1 Teacher Favourite Colour: Green

Favourite Footy Team: Essendon

Favourite Food: Sushi

Favourite Things to do: Gardening, Reading, Eating and Sleeping



Name: Erin Cooknell Role: Foundation Teacher Favourite Colour: Blue

Favourite Footy Team: Geelong Cats

Favourite Food: Pizza

Favourite Things to do: Bodyboarding at the beach and just enjoying some

warm sunshine!

Name: Mrs Pitt Role: Tutor

Favourite Colour: Green

Favourite Footy Team: The Mighty Richmond Tigers

Favourite Food: Mexican

Favourite Things to do: love going on adventures with my family and our dog.



Name: Olivia Bant Role: Education Support Favourite Colour: Blue

Favourite Footy Team: North Melbourne

Favourite Food: Bolognese

Favourite Things to do: Spending time with family and friends!



**Nicholas Ryan** 

Role: PLC Leader & Primary Maths Specialist

Favourite Colour: Blue

Favourite Footy Team: Geelong

Favourite Food: Pizza

Favourite Things to do: Play with my son, play cricket, read, cook



Name: Mrs Sheehan Role: Grade 2 teacher Favourite Colour: Blue

Favourite Footy Team: Geelong Cats Favourite Food: Pizza, pasta, Mexican

Favourite Things to do: spend time with my family, walk my dogs, watch

movies.



Name: Jodie Mackrell Role: 5/6 Classroom teacher Favourite Colour: Blue

Favourite Footy Team: Richmond Favourite Food: Vietnamese

Favourite Things to do: CrossFit and climb mountains.



Name: Melanie Vesey Role: STEAM, LOTE Favourite Colour: Pink

Favourite Footy Team: I don't really follow the footy!

Favourite Food: noodles + sushi

Favourite Things to do: Beach with family, read, walk my dog, beach!



Name: Amy Cooper Role: TLI Teacher

Favourite Colour: Anything vibrant

Favourite Footy Team: Geelong and Port Fairy Favourite Food: Crunchy Salads and Dumplings

Favourite Things to do: Ocean swimming at sunrise, running and spending

time with my family.



Name: Glenda Allen

Role: Education Support/HoL

Fav colour: Seaglass blue/green, any colours of the ocean.

Fav foot team: Mighty Cats Fav food: Any Asian food

Fav things to do: Spend time with my family / go sailing. Hopefully both at

the same time, we all love to sail.



Name: Lexi, Miss Green, Mum... I respond to any of them!

Role: Grade 1 teacher (Friday)

Favourite Colour: Pink

Favourite Footy Team: St Kilda

Favourite Food: ever changing, I'm loving Asian cuisine at the moment. Favourite Things to do: Spend time with my family, check out weekend

markets and catching up with friends.



Name: Briarley Rivett

Role: P.E. AND P.A. teacher Favourite Colour: emerald

Favourite Footy Team: I like to barrack for the underdog

Favourite Food: Mum's pork roast

Favourite Things to do: So many... read, walk, play the piano, hug my kids and

dogs, Netflix binge on a Friday night!



Name: Natarsha Torney

Role: Education Support Favourite Colour: Green

Favourite Footy Team: (ha ha) I don't have one

Favourite Food: Fruit

Favourite thing to do: Go to the beach



Name: Jodie Hancy

Role: Education Support Favourite Colour: all of them

Favourite Footy Team: none of them Favourite Food: creamy pasta's

Favourite Things to do: Walking my doggies and laughing with my girls.



Name: Amie Timewell

Role: Business Mnaager Favourite Colour: all of them

Favourite Footy Team: Hawthorn—but don't really follow

Favourite Food: Dumplings & chocolate.

Favourite Things to do: Read, Listen to music and spend time with family.



# KDPS CALENDAR 2022 - Term 1

	TERM 1				
WEEK 4					
Monday 21 Feb					
Tue 22 Feb	Curriculum Day - (Pupil free) (Theircare Available)				
Wed 23 Feb	Foundation Rest Day Lunch Order Day				
Fri 25 Feb	Lunch Order Day Assembly 3pm on the Basketball Court -Vaccinated Parents Welcome				
	WEEK 5				
Tue 1 March					
Wed 2 March	Foundation Rest Day Lunch Order Day				
Friday 4 March	Lunch Order Day Clean up Australia Day				
	WEEK 6				
Tuesday 8 March	KDPS Athletics Day @ Brauerander Park Buildings & Grounds School Council Meeting 5.30-7pm				
Wed 9 March	Lunch Order Day Foundation Rest Day				
Friday 11 March	Lunch Order Day Division Tennis				
	WEEK 7				
Mon 14 March	Labour Day Public Holiday (No School)				
Tues 15 March	Foundation students to attend school full time from now on. School Council meeting (sub finance) 6-7pm School Council 7-8pm (WEBEX)				
Wed 15 March	Lunch Order Day				
Friday 17 March	Lunch Order Day				
Monday 21 March					
Tuesday 22 March					
Wed 23 March	Lunch Order Day				
Fri 25 March	Lunch order Day Wear Purple Day - epilepsy awareness Assembly 3am Basketball Court—Vaccinated Parents Welcome				

Lunch Orders Available Wednesday & Friday through:

https://www.schoollunchonline.com.au/

# Attendance -

Please advise the school prior to 9am if your child will be absent using the below methods: Email:

Koroit.ps@education.vic.gov.au Phone: 5565 8332