



Koroit & District PRIMARY SCHOOL

I learn • We belong • Together we achieve

NEWSLETTER

TERM 2 - WEEK 3

School Agreements

- Mutual Respect
- Attentive Listening
- Appreciations
- No Put Downs
- Right to Pass
- Personal Best

Dates for 2022

Term 2 - 26th Apr - 24th Jun

Term 3 - 11th Jul - 16th Sep

Term 4 - 3rd Oct - 20th Dec

**This weeks
choose kind focus
is being kind to
your environment**

**This weeks
challenge is if you
see rubbish
around school
pick it up and put
it in the bin.**

FROM THE ACTING PRINCIPAL:

Principal Report:

My first experience of the Irish Festival was so enjoyable. The community were so polite and caring and the festive spirit shone through. Thank you to the many parents who supported our stall, which ran smoothly. A special mention to Aiden who put on the apron to assist in the afternoon. I am hoping that all mothers and carers out there enjoyed Mother's Day on Sunday 8th of May. KDPS (Koroit & District Primary School) children were excited to purchase from the Mother's Day stall. Thanks to Amie, Nicole and the Junior School Council for the opportunity provided to our students.

Covid:

Unfortunately, we have been hit by the Covid Pandemic this term with several staff members testing positive. We have reverted to face masks for staff when indoors to ensure we reduce the risk of transmission. Children will be regularly asked to sanitise and wash hands to ensure that we have good hygiene practices in place. In total we have had seven staff members come down with covid and the impact of this on our school is that we have replacement teachers in to cover classes. Everyone is doing their best to ensure that the day to day running of the school is maintained however, some changes need to be made at short notice.

KDPS Review:

This week we started the review process with validation day. The panel had the opportunity to walk through Literacy and Numeracy classroom, discuss the PRSE document and reflect on our Professional Learning Communities focus. KDPS have received praise for their well-established instructional model and the explicit teaching of literacy and numeracy.

Professional Learning:

On Thursday the 5th of May, all staff attended a professional learning Session at KDPS. Cassie from REAL SCHOOL's unpacked the importance of communicating positive thoughts with children, working together as a whole school with consistent language and expectations to achieve set goals.

NAPLAN:

The children have completed NAPLAN with an extra session planned for catch up on Monday and Tuesday. NAPLAN is a point-in-time assessment that allows parents and carers to see how their child is progressing in literacy and numeracy against the national standard and compared with their peers throughout Australia. At the classroom level, NAPLAN provides additional information to support teachers' professional judgement about student progress. Well done Grades three and five for your effort with this assessment.

Swimming:

Grades 3-6 are continuing with their swimming program for next 5 Mondays. Swimming and water safety is included in the Health and Physical Education curriculum from Foundation to Level 10. This requires schools to ensure that they are implementing a swimming and water safety program that meets the requirements of the curriculum. We apologise for the cancellation at short notice however, we were notified at 8.50 from the pool.

Dan Pedro:

We will have three staff members attending Dan Petro professional learning at Deakin University Friday the 20th. Dan's work supports students from infant and toddler ages, through teens and young adults. Dan utilises a customised approach with an emphasis on increasing the child's Independence, including training adults in the use of positive behavioural supports for effectively preventing and responding to behaviour of concern situations.



Children are
supervised in the yard
from 8:40 until 3:40

T:55658332 F: 55658812
E:koroit.ps@education.vic.gov.au

More from the Acting Principal:

Education Week:

Education week is fast approaching. This year's Education Week theme, '150 Years of Public Education', commemorates the past, celebrates the present and imagines the future of education in Victoria. Education Week 2022 is an opportunity for all primary schools to showcase their part in Victoria's education story.

Open Classrooms:

On Wednesday the 25th of May we encourage all parents to pop in the classroom to participate in your child's education program and have the opportunity to share in your child's successes.

We have many activities during the week including:

- Monday 23rd—Bio Cats Excursion to Geelong —Gr 5/6 Select Students & Division Cross Country
- Tuesday 24th—2023 School Tours 10am-11.00 am
- Wednesday 25th- 2.30-3.30- open classroom for parents to attend activities related to simultaneous story time. Checkout circles.
- Thursday 26th—School Tours 10am-11.00 am & National Sorry Day
- Friday 27th—Numeracy Dress Up Day & 2:30-3 house group numeracy games

Helpers Wanted:

The election is fast approaching, and we have the opportunity to use the left-over sausages from the Irish Festival. Please consider volunteering some time to assist between the hours of 8.30- 2.00pm. The link can be found in the accompanying Xuno Message.

Sandpit Revamp:

As a part of our Sensory garden plan we are going to be extending and improving the sand pit area for all students. We are looking for some support for the construction of the sandpit frame. If you are able to assist please contact Amie in the office.

Wicking Bed:

To help us create our new Wicking beds, we are looking for any old Potato boxes. If you or anyone you know has Potato crates, please contact the office. 55658332.

Sincerely,

Tanya McPherson

Wellbeing:



Mindfulness for children and parents

Self-awareness and social awareness are two of the key **social and emotional learning skills** that children should develop.

Some of the benefits of mindfulness training for children include increased self-awareness, social awareness and self-confidence.

Mindfulness has been shown to improve empathy or the ability to understand what another person is thinking or feeling, which improves children's awareness of others and helps them to build positive relationships.

What is mindfulness?

Mindfulness is about training yourself to pay attention in a specific way. When a person is mindful, they:

- focus on the present moment
- try not to think about anything that went on in the past or that might be coming up in future
- purposefully concentrate on what's happening around them
- try not to be judgmental about anything they notice, or label things as 'good' or 'bad'.

Some of the benefits of mindfulness for children

There are many benefits of mindfulness training for children, including:

- increased self-awareness, social awareness, and self-confidence
- increased ability to self-regulate their emotions, especially difficult emotions such as fear and anger, through breathing and other grounding techniques
- building **resilience** by giving children skills to help them to cope better with stress, as well as engage more fully with themselves and the world.

Mindfulness training has also been shown to reduce the severity of depression, anxiety and ADHD in children.

What parents can do to encourage mindfulness in children

The best thing parents can do to help their children become more mindful is to commit to some regular mindfulness practices themselves!

Research shows that parents and carers who practice being mindful around their children contribute to improving their child's sense of self-worth and self-esteem.

The more present and mindful you are with your children, the more happy, mindful and resilient they will be.

Wellbeing:

Here are four ways to practice mindfulness with your children:

- 1. Mindful play:** Dedicate a window of time each week to mindfully play with your child or children. Turn off all other distractions such as TV, and put your mobile away and on silent. Try to give them your full attention during this time and if your mind wanders off to all the things you should be doing, that's fine – that's just what minds do! Use your child as an anchor to come back to every time your mind wanders away.
- 2. Mindful cooking:** Cooking together can be a great way to spend quality time. Help your child notice the colors, smell and taste of the ingredients as you add them to the meal, and the touch of the different items as you cook.
- 3. Mindful dinnertime:** Create a time for your family to appreciate and savor their food at the start of a meal by spending the first few minutes of dinner in silence, just eating and enjoying the food. It's a surprisingly nice activity to do with the whole family, and done regularly, can become a lovely ritual.
- 4. Mindful teeth brushing:** Getting kids to brush their teeth can be a challenge, so why not make it a challenge, by inviting them to try to do it mindfully with you? Invite them to pay attention to the feel of the brush in their mouth and the sensation and taste of the toothpaste. Ask them three things they noticed that was different about their brushing tonight than from the previous night.

Smiling Mind – helping children and parents develop mindfulness meditation skills

Smiling Mind is a free program that provides resources to support the development of mindfulness and meditation skills.

These skills help to manage stress, increase awareness of emotions, improve attention and focus, and can prevent difficulties from getting worse.

The [Smiling Mind website](#) and [smartphone app](#) provide information about mindfulness and action-based tools to guide children (starting from seven years) and adults through Mindfulness Meditation practices.

Building Help Wanted in the sandpit!

We are extending our sandpit and need someone with carpentry knowledge to help with this. We have lots of volunteers to help, but need someone with the knowledge and skills to direct the project.



Also, does anyone have spare potato crates? We would love some to make wicking beds in the new sensory/nature play space.

Please contact Amie in the office if you can help with either project. 55658332

KDPS

BBQ

**ELECTION DAY BBQ
SATURDAY 21ST MAY**



Sausages in bread & Onions

Koroit Senior Citizens Hall



**Saturday 21st May
9am - 2pm**

CANTEEN VOLUNTEERS WANTED

**Friday 27th May, Victoria Park
Moyne Winter Sports**

**CALL AMIE FOR MORE INFORMATION
55 658 332**



Literacy and Numeracy Week

Dress up as your favourite piece of numeracy equipment!



Friday May 27th

Parade at 9am followed by house activities in the afternoon before assembly.



PIC•COLLAGE

GET YOUR BODY MOVING AND HAVE FUN BEFORE SCHOOL!
with Mrs Mac and Ms Myers



KID-FIT



BASKETBALL COURT

Every Monday and Wednesday morning
8.40 - 8.55am

! KDPS Birthdays !

At KDPS we celebrate children's birthdays as a school by singing happy birthday at our whole school assembly.

Each classroom celebrates birthdays in different ways.

Some classes have a special chair for the day or a badge to wear, most classrooms have birthdays displayed in the room.

For the purpose of an individual child's celebration or birthday we are now advising a sugar free icy pole or sugar Zooper Dooper be a recommended option for these occasions.

It is not compulsory to celebrate all birthdays through the classroom. Icy poles can be dropped into the school office. Please label with child's name and classroom.



We don't want our school to look like a rubbish tip!

We thank you for your help in keeping our school green and clean!

Students: Please take home your rubbish in your lunch box.

Families: Please pack lunches with as little waste packaging as possible.



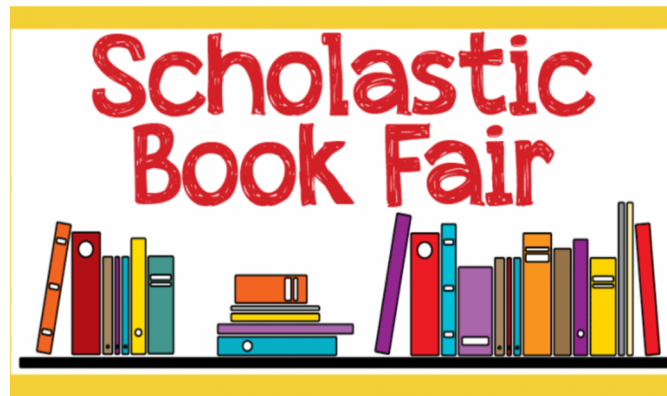
Friday 20th May



We would love to see everyone walk, ride or scoot safely to school next Friday.

At 8:30am we will have staff meeting students at The Green (the statues) Commercial road as well as staff meeting the bus at St Pats and walking to school from there.

We will also have bike club on at 2nd lunch for those students who wish to ride around the bike track.



Scholastic Book Fair will take place in the STEAM room (courthouse) this year on the 17th, 18th and 19th of May. We welcome all family members to visit the fair on these days from 3:30pm but we recommend masks be worn to keep everyone safe and we require triple vaccination. The fair will also be open to the students on the mornings and during 2nd lunch on these days.

The students will complete a wish list prior to these dates and you are welcome to make a payment online and send the details with the student to collect their books. They can also bring cash to the book fair and EFTPOS will be available for parents.

If the last copy of the book has been sold, we may need to order a copy for your child which we should have within 2 weeks.

Please support our Book fair as we receive many new books for our school library as a result of the sales. There will be lots of great books, posters and stationery items starting at \$1-.



Size of Problem, Size of Reaction

This term students continue working on the ZONES of Regulation work by Leah Kuypers. Part of this will include exploring different problems, identifying what size these problems are, what is an expected reaction for the size problem & then working out how to solve the problem - either by themselves, asking for help or telling an adult, so that they can fix it.

Problems come in all different sizes, just like our feelings. A helpful way to cope with problems that arise is to think about how big the problem is, what the appropriate reaction might be & how to solve it, before we encounter the problem. (example: when playing a board game your child always ends up upset & angry when they lose. Talking about the size of the problem & expected reaction, before you start playing, may support your child to respond in an 'expected' way and care for their emotions in order to positively cope. When we respond in an 'expected' way, others around us feel comfortable, happy & safe. They have good thoughts about us. When we respond to a problem in an 'unexpected way' (having a tantrum, screaming at others, throwing things, getting physical) this can make others feel uncomfortable, weird, scared or unsafe and they may have negative thoughts about us & respond to us negatively (examples: not wanting to play or work with us, using a stern voice). It can also put us in danger of hurting ourselves.

The idea is that the size of our problem should match the size of our reaction.

Small problems we expect green zone emotions & are usually things we can fix in a few minutes on our own.

Medium problems we expect yellow zone emotions & are things that we might need to ask someone for help and it could take minutes to hours to solve.

Large problems we expect red zone emotions & are things that require an adult or professional to fix and could take hours to days/years to fix.

Small Problems

I can fix it myself.

Green zone reactions



Ways to solve it

think of a solution
solve it later
walk /move away
ignore
ask them to stop

Medium Problems

I need help to fix it.

Yellow zone reactions



Ways to solve it

ask a friend
ask an adult
ask a family member
ask a teacher
ask a question

Large Problems

An adult or professional needs to fix it.

Red zone reactions



Ways to solve it

tell an adult
tell a family member
tell a teacher
Call 000
tell the police



To Koroit & District Primary School Families.

For the safety and wellbeing of parents and students we are asking if people can stop utilising our carparks and fuel court when dropping off or picking up children.

We have had a couple of near miss incidents and as the fuel court is busy with both cars and trucks coming in and out, we want to try and avoid any accidents.

Regards

Kelvin Monigatti

Manager AG Warehouse Koroit

NATIONAL SIMULTANEOUS STORYTIME 2022
#NSS2022 #1MillionKidsReading www.alia.org.au/nss

11am, Wednesday 25 May 2022

National Simultaneous Storytime is held annually by the Australian Library and Information Association (ALIA).

Every year a picture book, written and illustrated by Australians is read simultaneously in libraries, schools, homes and children's facilities all over the country and the world!

ABOUT THE BOOK
Family Tree is a sweet book written by Josh Pyke and beautifully illustrated by Ronojoy Ghosh

It started with a seed, and that seed was me.
And, over time, laughter filled my garden...

A heartfelt celebration of family, community and the seasons of life to cherish and to share.

KDPS—School Photos:

ONLINE BOOKING

Your school has decided school photos will only be available to order online this year.

Choose your own **FREE** background



The benefits of being online...

- No need for envelopes to be returned to the school office
- No cash on school grounds or children's bags
- Easy order tracking and record keeping
- 18 different backgrounds to choose from - no additional cost

Koroit & District Primary School - 2022

www.leadingimage.com.au

Access Key

89K6UY8B



INDIVIDUAL & FAMILY PHOTOS CAN BE ORDERED WITH THE SAME ACCESS KEY

To order your school photos:

- 1 Go to www.leadingimage.com.au
- 2 Click on Order Your School Photos
- 3 Select your State
- 4 Enter your special unique Access Key



Family photographs must be ordered before 4.30 pm the night before photo day.
Please ensure your orders are placed before this time.



Please remember to promote your child/ren to the next grade on the [schoollunchonline](http://www.schoollunchonline.com.au) website—this allows us to get your child/ren's lunch order to them without confusion. Many Thanks!



TERM 1 MENU 2021

Wednesday & Friday Lunch Orders



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Cold

Fresh cut fruit salad	5.00
Caesar salad/Greek salad #	6.50
Salad wrap with chicken or ham	5.00
Salad roll	5.00
Salad roll with ham or chicken	6.50
Jam sandwich #	2.50
Cheese and vegemite sandwich #	2.50
Egg and lettuce sandwich #	4.00
Ham and cheese sandwich #	4.00
Salad sandwich with egg #	5.00
Salad sandwich with ham or chicken #	5.00

Hot

Crispy Pork Belly Fried Rice (GF) Friday only	5.00
Veggie Stir-fry w Crispy noodles Wednesday Only	5.00
Homemade sausage roll	4.00
Gluten Free sausage roll	5.00
Party pie	1.50
Pie	5.00
Sauce	0.20
Beef lasagne	5.00
Gluten Free beef lasagne	6.00
Ham and Cheese Toasty #	4.00
Hotdog with sauce	4.00
Veggie burger	6.50
(lettuce, tomato, veggie Pattie, tomato relish and mayonnaise)	
Ham, Cheese and Pineapple Paninni(toasted)	6.50
Chicken, Cheese and Honey Mustard Paninni	6.50

Snacks

Carrot sticks	1.00
Homemade biscuits	1.00
Jelly and fruit cups	1.50
Fruit yoghurt and muesli cups	4.50
Hedgehog slice	3.00
Lemon and coconut slice	3.00
Chocolate Muffin	3.00
Berry Muffin	3.00

Drinks

Fresha water	2.50
Fresha 100% Orange juice 250ml	3.00
Fresha 100% Apple and blackcurrant 250ml	3.00
Focus sports water 350ml	2.50
Blackcurrant or Raspberry	
Nippies flavoured milk 250ml	2.50
Chocolate or Strawberry	

Icy poles

Icy Pole	1.30
Dixie Cup	1.50
Chocolate Billabong	1.60

Any Questions or ideas please send me an email

Info@mcmahonfamilycatering.com

can be made Gluten Free if ordered

Lunch orders need to be placed on www.schoollunchonline.com.au before 9.00am on the day of order. To make things easy you can order a whole term ahead. Please ensure that your child's room number is correct.

**MC MAHON
FAMILY
CATERING**



KOROIT NETTA

THURSDAY NIGHTS OF TERM 2

For beginners
ideal for
grade prep to grade 3

3.50-4.30PM
KFNC NETBALL COURTS
\$50 FOR THE TERM
STARTING THURSDAY 28TH APRIL

Register online via the
Koroit Saints Facebook page
or contact Emily on 0438 279 883
for the link to be sent to you

PORT FAIRY COMMUNITY HOUSE Creative stuff for Kids

Bookings Essential 55682681 or online www.portfaircommunityhouse.com.au

DRAMA IMPROV-ACTING

Use your imagination, build confidence and storytelling skills, and most importantly Have Fun! Along with weekly classes, the kids get to show off what they have learned at a mini-performance at the end of term.

28 April-23 June
Thursdays 4-5pm, 8-12yrs
Thursdays 5.30-6.30pm, 12-18yrs
\$160 (8 sessions)

KIDS ART CLASS

Learn the key elements of Art with Jenny from Tower Hill Studio. For Primary school kids aged 8 to 12.

Mondays 4-5.30pm.
May 2- June 20
\$175 (7 sessions)

CRAFT & TEXTILES

Make your own fabric flowers, learn how to recycle fabric, hand stitch, design and create your own decorations. All materials supplied.

Tuesdays 4.30-6pm.
May 3, 10, 17 & 24
\$80 (4 sessions)

CREATIVE ARTS & CRAFTS FOR KIDS

3-6 years:
Learn about many different forms of art exploration within a fun upbeat atmosphere. Children will be encouraged to work with their hands and minds to express themselves creatively and emotionally in a fun, vibrant and supportive environment. Kids will walk away with beautiful artwork they have made themselves.

Wednesdays 4.30-5pm.
May 11, 18, 25 June 1, 8, 15
\$90 (6 sessions)

6-12 years:
In this 6-week art course, Jelena will put a strong focus on exploring mediums whilst having fun and encouraging creativity. Throughout the term, kids will be encouraged to establish a foundation in drawing, painting and creating while exploring a range of art forms, materials and techniques and building a solid base for creative exploration! Each week kids will go home with a wonderful creation they have made during class.

Wednesdays 5.15-6.15pm.
May 11, 18, 25 June 1, 8, 15
\$120 (6 sessions)



Railway Place, Port Fairy, ph. 55682681
Limited spots available so book in early!



Koroit
Fire Brigade

WANTED

Volunteer Firefighters



Koroit
Firé Brigade



Is this YOU?

Koroit Fire Brigade is inviting members from our
community to become volunteer firefighters.

There's a job for everyone!

CFA volunteers come from all walks of life: mums, dads, professionals, tradespeople, students, unpaid professionals, retirees - everyone is welcome to join.

To find out more information about becoming a Volunteer
Firefighter call Steve on 0407052181

KOROIT FIRE BRIGADE



IT TAKES A VILLAGE EARLY YEARS LITERACY

Lighthouse Theatre Warrnambool Wednesday 25th May 2022



www.warrnambool.vic.gov.au



KDPS CALENDAR 2022 - Term 2

WEEK 4

Monday 16 May	3-6 Swimming (Every Monday for 6 weeks)
Tuesday 17 May	KDPS Book Fair—See Flyer
Wed 18 May	KDPS Book Fair—See Flyer Lunch Order Day
Thursday 19 May	KDPS Book Fair—See Flyer
Friday 20 May	Lunch Order Day National Walk Safely to School Day—See Flyer
Saturday 21 May	KDPS run Election BBQ @ Senior Citizen Hall 9am-2pm

WEEK 5

Monday 23 May	3-6 Swimming (Every Monday for 5 weeks) Division Cross Country (Select Students) BIOCATS (Select Students)
Tuesday 24 May	Foundation 2023 School Tours 10am-11am
Wed 25 May	National Simultaneous Storytime Lunch Order Day Parents invited to classrooms—2.30-3.30pm
Thursday 26 May	National Sorry Day Foundation 2023 School Tours 10am-11am Foundation 2023 Information night 5.30-6.30pm
Friday 27 May	Girls in STEAM (Select Students) Moyne Winter Sports—Victoria Park (KDPS run Canteen Available) Dress up 'as your Favourite piece of Numeracy Equipment' Lunch Order Day

WEEK 6

Monday 30 May	3-6 Swimming (Every Monday for 4 weeks) Regional Cross Country
Wed 1 June	Lunch Order Day
Friday 3 June	Monthly Award Assembly 3.10pm Lunch Order Day

WEEK 7

Monday 6 June	3-6 Swimming (Every Monday for 3 weeks) Deakin –Girls in STEAM (select students) School Council (Finance) 6pm School Council Meeting 6.30pm
Wed 8 June	Lunch Order Day
Thursday 9 June	Girls Aussie Football (Select Students)
Friday 10 June	District Winter Sports (Select Students) Lunch Order Day

WEEK 9

Monday 13 June	Public Holiday
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**Lunch Orders Available Wednesday
& Friday through (by 9am):**

<https://www.schoollunchonline.com.au/>

Attendance -

Please advise the school prior to 9am if your child will be absent
using the below methods: Email:
Koroit.ps@education.vic.gov.au Phone: 5565 8332