

# Koroit & District PRIMARY SCHOOL

I learn • We belong • Together we achieve

# **NEWSLETTER**

# **TERM 2 - WEEK 8 5th June, 2020**

# **School Agreements**

- Mutual Respect
- Attentive Listening
- Appreciations
   No Put Downs
- Right to Pass
- Personal Best

# Dates for 2020

Term 2: Apr 14 - Jun 26 Term 3: Jul 13 - Sep 18 Term 4: Oct 5 - Dec 18

### Courage

Courage is being brave when facing new or difficult circumstances. We often think that courage is the same thing as being brave, but sometimes doing the courageous or right thing is scary. Even being our true self can feel scary sometimes. But if we use courage we will get braver to be ourselves! We might even find that we have unique talents that make us special or that others share our special gifts!

Most of us probably think about courage in terms of being brave in scary situations, and that can be what courage looks like. Courage can look like other things too, though. Courage is believing in yourself and embracing what makes you special. Every one of us is unique and special in our own way; we may look, act, or feel different than

other people around us, and it takes courage to embrace that in a kind and positive way!

Children are supervised in the yard from 8:40 until 3:40

# FROM THE PRINCIPAL

It has been another fantastic week of learning at KDPS this week with our junior students. The Foundation, grade 1 and grade 2 students have settled back into school routine extremely well and I know they are ready to support the grade 3-6 students next week. We are awaiting the return of the rest of the school with great anticipation on Tuesday. We will continue to focus on re-engaging our middle and senior students and supporting them to transition back into the routine of a normal school day. It is has been wonderful to see so many positive comments about returning back to school – the countdown is definitely on!

I would like to first extend my sincere thanks to our wonderful students in grade 3-6 (I will also be letting them know on Tuesday). It has not been easy to work the way we have been working, but we are extremely impressed with the quality of work that has been produced and the commitment to do their best on all tasks.

I would also like to warmly thank the Grade 3-6 parents for your support and encouragement not only for your children but also our wonderful school.

And lastly – our amazing team at KDPS! This has not been an easy journey, but we have continued to work together, support and always (on or off site) have our students and families at the forefront of all the decisions we made. We were already a strong and connected team, but I think this experience has taken us to a whole new level of connection.



## Remote learning reflections

Over the past couple of weeks we have been reflecting on many aspects of remote learning. The teachers and I have been engaging in some great evaluations regarding aspects that worked extremely well for our students, namely focusing on our key learnings as a whole staff. Our priority during the whole remote learning phase was to try our best to keep the whole school motivated and engaged.

Some of these include;

- Keeping the lesson focus explanations short, sharp and to the point
- Providing timely feedback on student work
- Giving students more time to practice the skills or strategies they are learning
- Using video recordings for students who require additional explanations
   And most importantly – continue to prioritise engagement, motivation and wellbeing!

## **Behaviour Flow Chart Review**

As part of our review process we have also spent time evaluating our whole school Behaviour Flow Chart and have concluded that it is time to renew the purpose. Many of our students and parents associate a negative connection with the Behaviour Flow Chart, so we have decided to give it a whole new meaning with the intent of developing a positive connection for everyone. We will continue to promote high expectations and good choices. Watch this space, as we will be working on this over the next few weeks and look forward to launching it with the students and families from the beginning of term 3.

# What is a calm reminder?

We will continue to support your children with a calm reminder if they slightly get off track during class or when playing outside. Our students respond positively to a calm reminder and more often than not get back on track. The calm reminder is spoken in a respectful, supportive and calm manner.



**Facebook** 

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Principal: Marina Milich - School Council President: Jac Monk

### What is a Rethink?

When a calm reminder does not have the effect we anticipate, or when a student presents a behaviour where they have hurt someone else with their words or actions, we have a supportive process in place called the 'rethink' process. Again, we are working hard to disconnect the negative connection and teach our students and parents that this is an extremely supportive way of working with children to refocus and make a plan and everyone deserves a fresh start. We have made some changes and will now be using XUNO email to inform parents when their child has been involved in a rethink. You will receive a text message to inform you to check the email. We will make phone contact with you if we feel it is required. But, we ask that you please remember that this is a support plan, not a negative consequence.

Our main focus is to educate and help all students and parents understand that we work together to make our school happy, safe and inclusive. We support everyone to remember to Choose Kind so we can all learn, belong and achieve our personal best.

### Foundation 2021 Enrolments

Unfortunately due to current restrictions we cannot yet conduct school tours. However, we are offering one on one Zoom sessions or a meet and greet at the school gate. Please encourage anyone you know who is considering our school for next year to make contact with us. You are our best mode of advertising, so if you can, please help us get that information out into the community.



# Marina Milich

Principal



# UNPLUG<sub>101</sub>



BIG LIFE QUESTION

HOW DO I LOVE AND BE LOVED?
HOW DO I MAKE FAMILY WORK?

While we have been remote learning, we have relied on our screens for working, learning & fun. This might mean that our screen time has increased from what it used to be, before remote learning. Whilst screen time is useful and enjoyable for families, it might mean that some of us have slowly replaced other activities or talking time for screen time.

One of the benefits of returning to school is that we have an opportunity to RESET our new normal, 'UNPLUG' and REFOCUS on some other fun, healthy activities and positive connections.



# CURRENT RECOMMENDATIONS:

IN AUSTRALIA, THE CURRENT RECOMMENDATION
IS FOR NO MORE THAN 2 HOURS OF
SCREEN TIME PER DAY FOR CHILDREN.

What is screen time?

Time spent looking at a screen.

What are screens?

# **POSITIVES**

# TO REDUCING SCREEN TIME

WE CAN...

Put more time into getting to know the people around us.

Enjoy time to talk & play with our family.

Learn more about ourselves & our interests.

Get creative.



+ Being active & being outside in nature can help us manage stress and make us feel happier.

# PHYSICAL ACTIVITIES

Replacing screen time with getting outside.

Screens include TVs, computers, smartphones,

tablets and video consoles.

- Go to the playground or park.
- Get outside, put your gumboots on and stomp in puddles or run in the rain.
- Go on family walks or hikes.
- · Play in the backyard.
- Hopscotch in your driveway, backyard cricket, scooting or riding.
- Collect leaves/flowers and get crafty.
- Help with jobs in the yard or vege garden.
- Go for a night walk with your family, look at the stars.
- Create a scavenger hunt with your family (create a list of things that everyone needs to find and see who can collect the items the quickest).



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# **INSIDE ACTIVITIES**

- Family games night/ board games.
- Have a Lego masters challenge.
- Get crafty or draw.
- Mindfulness colouring in.
- Cook in the kitchen/ help your family cook dinner.
- Read a good book by yourself or with a family member (maybe your parents could share a book that they read as a child).
- Help your family clean the house and get organised for your routine of face to face learning.
- Build an inside cubby.
- Look through old photo albums and ask your parents to share stories about those times.
- Turn on some tunes and dance around your house.
- Tell some jokes.
- Write a funny story.
- Learn to knit or sew from a friend or family member.
- Start an upcycling sewing project with your family - Recycle some old clothes/ material into something handy like a bag (make sure you



# ENJOY YOUR FAMILY'S COMPANY WITH THESE FUN CONVERSATION STARTERS

practice gratitude, laugh at funny things, wonder & imagine, get to know each other even more.

When you are having these conversations, don't forget to listen to the answer and use your empathy by imagining you are standing in their shoes.

- Did you have a chance to be kind to anyone today?
- 2. How do you think other people feel when you're kind to them?
- 3. What is your favorite thing about our family?
- 4. What is your favorite family tradition?
- 5. What are the most important things we've taught you?
- 6. If you could make three family rules, what would they be?
- 7. What do you think are the most important qualities of a good parent?
- 8. What should we do more of as a family?
- 9. What do you like best about your siblings?
- 10. What are some things you feel grateful for today?
- 11. What are some things that you don't need, but you're really happy that you have?
- 12. What are some things that are easy to complain about, but we're actually lucky to have?

  For example, rainy days help gardens grow and give animals water to drink.
- 13. What are some things you get to do that other people might not be able or allowed to do?
- 14. What are some things that I didn't have as a kid that you're happy you get to have?
- 15. If you could have any super power, what would it be and why?
- 16. If you wrote a book, what would it be about?
- 17. If your pets could talk, what would they say?
- 18. What color is the happiest color? What makes it happy?
- 19. If you won \$100, what would you do with it?
- 20. What's your most embarrassing moment?





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# **KDPS CALENDAR 2020 - Term 2**

# 2020 - TERM 2

WEEK 9	
Mon, 8th June	Queens Birthday (Public Holiday)
Tues, 9th June	3-6 Students Return To School F-2 Bike Club
Thurs, 10th June	3-6 Bike Club Book Club Due Back
WEEK 10	
WEEK 11	
Mon, 22nd June	Report Comments Available on Xuno
Wed, 24th June	Parent/ Teacher Partnership Meeting via Phone or Webex by request—No Formal Classes
Fri, 26th June	Last Day of Term 2 - 2.30pm Finish—Whole school celebration day (wear something that makes you happy) Enrolments for Foundation 2021 Due in.
2020 - TERM 3	
WEEK 1	
13th July	First Day Term 3
14th July	(Tentative) School Photo Day



Please visit Theircare website to register your child.

# **How to Enrol**

Visit **TheirCare** website: <u>www.theircare.com.au</u> and click on 'Book Now' in the top right hand corner to register your child's details.